

SDQIII[®]

Self Description Questionnaire III

VARIABLE NAMES FOR DATA ENTRY & SCORING OF THE SDQIII

The following pages reveal the factor structure of the SDQIII. This information should be used during data entry and scoring.

Suggested structure variable names:

- a) first two characters = factor name abbreviation,
- b) 3rd character = number of the item within the factor,
- c) 4&5th characters = number of item within the instrument.

Should other descriptors be required such as time of administration etc they should be added to the variable name after these first 5 basic characters.

Number	Item	Var Names
Maths		
1	I find many mathematical problems interesting and challenging.	MA1001
14*	I have hesitated to take courses that involve mathematics.	MA1014
27	I have generally done better in mathematics courses than other courses.	MA1027
40*	Mathematics makes me feel inadequate.	MA1040
53	I am quite good at mathematics.	MA1053
66*	I have trouble understanding anything that is based upon mathematics.	MA1066
79	I have always done well in mathematics classes.	MA1079
92*	I never do well on tests that require mathematical reasoning.	MA1092
105	At school, my friends always came to me for help in mathematics.	MA1105
118*	I have never been very excited about mathematics.	MA1118
Verbal		
6*	I have trouble expressing myself when trying to write something.	VE1006
19	I can write effectively.	VE1019
32*	I have a poor vocabulary.	VE1032
45	I am an avid reader.	VE1045
58*	I do not do well on tests that require a lot of verbal reasoning ability.	VE1058
71	Relative to most people, my verbal skills are quite good.	VE1071
84*	I often have to read things several times before I understand them.	VE1084
97	I am good at expressing myself.	VE1097
110*	In school I had more trouble learning to read than most other students.	VE1110
123	I have good reading comprehension.	VE1123
Academic		
9	I enjoy doing work for most academic subjects.	AC1009
22*	I hate studying for many academic subjects.	AC1022
35	I like most academic subjects.	AC1035
48*	I have trouble with most academic subjects.	AC1048
61	I am good at most academic subjects.	AC1061
74*	I am not particularly interested in most academic subjects.	AC1074
87	I learn quickly in most academic subjects.	AC1087

100*	I hate most academic subjects.	AC1100
113	I get good marks in most academic subjects.	AC1113
126*	I could never achieve academic honours, even if I worked harder.	AC1126
Problem Solving		
10*	I am never able to think up answers to problems that haven't already been figured out.	PS1010
23	I am good at combining ideas in ways that others have not tried.	PS1023
36*	I wish I had more imagination and originality.	PS1036
49	I enjoy working out new ways of solving problems.	PS1049
62*	I am not much good at problem solving.	PS1062
75	I have a lot of intellectual curiosity.	PS1075
88*	I am not very original in my ideas thoughts and actions.	PS1088
101	I am an imaginative person.	PS1101
114*	I would have no interest in being an inventor.	PS1114
127	I can often see better ways of doing routine tasks.	PS1127
Physical Ability		
13	I am a good athlete.	PA2013
26*	I am awkward and poorly coordinated at many sports and physical activities.	PA2026
39	I have good endurance and stamina in sports and physical activities.	PA2039
52*	I hate sports and physical activities.	PA2052
65	I have a high energy level in sports and physical activities.	PA2065
78*	I am not very good at any activities that require physical ability and coordination.	PA2078
91	I like to exercise vigorously at sports and/or physical activities.	PA2091
104*	I am poor at most sports and physical activities.	PA2104
117	I enjoy sports and physical activities.	PA2117
130	I am a sedentary type who avoids strenuous activity.	PA2130
Physical Appearance		
11	I have a physically attractive body.	AP2011
24*	I am ugly.	AP2024
37	I have a good body build.	AP2037
50*	There are lots of things about the way I look that I would like to change.	AP2050
63	My body weight is about right (neither too fat nor too skinny).	AP2063
76*	I dislike the way I look.	AP2076
89	I have nice facial features.	AP2089
102*	I wish that I were physically more attractive.	AP2102
115*	Most of my friends are better looking than I am.	AP2115
128	I am good looking.	AP2128
Same Sex Peer Relations		
12*	I have few friends of the same sex that I can really count on.	SSR2012
25	I am comfortable talking to members of the same sex.	SSR2025
38*	I don't get along very well with other members of the same sex.	SSR2038
51	I make friends easily with members of the same sex.	SSR2051
64*	Other members of the same sex find me boring.	SSR2064
77	I share lots of activities with members of the same sex.	SSR2077
90*	Not many people of the same sex like me.	SSR2090
103	I am popular with other members of the same sex.	SSR2103
116*	Most people have more friends of the same sex than I do.	SSR2116
129	I have lots of friends of the same sex.	SSR2129
Opposite Sex Peer Relations		
5	I get a lot of attention from members of the opposite sex.	OSR2005
18*	I find it difficult to meet members of the opposite sex whom I like.	OSR2018
31	I have lots of friends of the opposite sex.	OSR2031
44*	Most of my friends are more comfortable with members of the opposite sex than I	OSR2044

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57	I am comfortable talking to members of the opposite sex.	OSR2057
70*	I am quite shy with members of the opposite sex.	OSR2070
83	I make friends easily with members of the opposite sex.	OSR2083
96*	I have had lots of feelings of inadequacy about relating to members of the opposite sex.	OSR2096
109	I am comfortable being affectionate with members of the opposite sex.	OSR2109
122	I never seem to have much in common with members of the opposite sex.	OSR2122
Parent Relations		
8*	I hardly ever saw things the same way as my parents when I was growing up.	PR2008
21	I would like to bring up children of my own (if I have any) like my parents raised me.	PR2021
34*	I still have many unresolved conflicts with my parents.	PR2034
47*	My parents have usually been unhappy or disappointed with what I do and have done.	PR2047
60	My values are similar to those of my parents.	PR2060
73*	My parents have never had much respect for me.	PR2073
86	My parents treated me fairly when I was young.	PR2086
99*	It has often been difficult for me to talk to my parents.	PR2099
112	My parents understand me.	PR2112
125	I like my parents.	PR2125
Spiritual Values/Religion		
2*	My parents are not very spiritual/religious people.	SP2002
15	I am a spiritual/religious person.	SP2015
28*	Spiritual/religious beliefs have little to do with my life philosophy.	SP2028
41	Spiritual/religious beliefs make my life better and make me a happier person.	SP2041
54	My spiritual/religious beliefs provide the guidelines by which I conduct my life.	SP2054
67	Continuous spiritual/religious growth is important to me.	SP2067
80*	I rarely if ever spend time in spiritual meditation or religious prayer.	SP2080
93	I am a better person as a consequence of my spiritual/religious beliefs.	SP2093
106*	I am basically an atheist, and believe that there is no being higher than man.	SP2106
119	I believe that there will be some form of continuation of my spirit or soul after my death.	SP2119
133*	Spiritual/religious beliefs have little to do with the type of person I want to be.	SP2133
136*	Few, if any of my friends are very spiritual or religious.	SP2136
Honesty/ Trustworthiness		
4*	I often tell small lies to avoid embarrassing situations.	HO2004
17	People can always rely on me.	HO2017
30*	Being honest is not particularly important to me.	HO2030
43	I nearly always tell the truth.	HO2043
56*	I sometimes take things that do not belong to me.	HO2056
69	I never cheat.	HO2069
82*	Being dishonest is often the lesser of two evils.	HO2082
95	I am a very honest person.	HO2095
108*	I would feel OK about cheating on a test as long as I did not get caught.	HO2108
121	I value integrity above all other virtues.	HO2121
132*	I am not a very reliable person.	HO2132
134	I have never stolen anything of consequence.	HO2134
Emotional Stability		
7	I am usually pretty calm and relaxed.	EM2007
20*	I worry a lot.	EM2020
33	I am happy most of the time.	EM2033
46*	I am anxious much of the time.	EM2046
59	I hardly ever feel depressed.	EM2059

72*	I tend to be highly-strung, tense, and restless.	EM2072
85	I do not spend a lot of time worrying about things.	EM2085
98*	I am often depressed.	EM2098
111	I am inclined towards being an optimist.	EM2111
124*	I tend to be a very nervous person.	EM2124
General Esteem		
3	Overall, I have a lot of respect for myself.	GE3003
16*	Overall, I lack self-confidence.	GE3016
29	Overall, I am pretty accepting of myself.	GE3029
42*	Overall, I don't have much respect for myself.	GE3042
55	Overall, I have a lot of self-confidence.	GE3055
68	Overall, I have a very good self-concept.	GE3068
81*	Overall, nothing that I do is very important.	GE3081
94	Overall, I have pretty positive feeling about myself.	GE3094
107*	Overall, I have a very poor self-concept.	GE3107
120*	Overall, I have pretty negative feelings about myself.	GE3120
131	Overall, I do lots of things that are important.	GE3131
135*	Overall, I am not very accepting of myself.	GE3135